





# SACRED HEART PARISH

Third Sunday of Lent  
March 8, 2026



“Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

John 4:13-14



## Lenten Fish Fry Friday, March 20th

Continue your Lenten journey with family, friends, and fellow parishioners at Sacred Heart's Lenten Fish Fry on Friday, March 20th at 6:00 pm. The cost is just \$10 per person, and kids 8-and-under are free. The menu includes golden fried cod, French fries, coleslaw and homemade mac & cheese for those who don't eat fish. Non-alcoholic beverages will be provided. Sign-up in the church vestibule or call Barbara Neeser in the church office to reserve your spot (509.747.5810). We look forward to seeing you.



The SH Hospitality Team.

## Mass Intentions This Week

Saturday, Mar 7th	Pope Leo's Intentions for March For Priests in crisis
Sunday, Mar 8th	<i>Pro Populo</i> (for the People)
Tuesday, Mar 10th	Catholic Daughters of America
Wednesday, Mar 11th	+Ann Marie Kendall, RIP
Thursday, Mar 12th	Those suffering from cancer.
Friday, Mar 13th	Holy Souls in Purgatory By Gene Gosse

Our Parish Prayer Chain: Is there illness or are there special needs in your family? Our community prayer chain looks forward to praying for you! Send a request to *Judy Felgenhauer, jfelgen@comcast.net*.

If you or someone you know are in the hospital and would like a visit from Fr. Vic, please call the office to let us know; we would be happy to arrange it! Also please contact the office if you would like a mass said for someone.



## Nourishing Futures in Guatemala

In Guatemala, nutrition classes and savings programs give mothers and families better opportunities to improve their health, nutrition and financial well-being. Visit [crsricebowl.org/week-3](http://crsricebowl.org/week-3) to read this week's Story of Hope.

## Reconciliation



Father Vic is available for the *Sacrament of Reconciliation* every Saturday from 4:00 pm - 4:30 pm or by appointment throughout the week. Also from 9:00 - 9:30 am on the First Friday of the month.

## Safety First!

**Parents and grandparents:** Please accompany your children to the bathrooms during Mass! It is the *SAFE* thing to do! By the way, both men's and women's bathrooms are equipped with baby changing tables, for your convenience!



## **Blue Envelope Fund**

You are reminded on this second Sunday of the month of the BLUE ENVELOPE that comes with your donation envelopes. You can also donate to this fund by way of our website's On-Line Giving function, just note in the comment box that your donation is for the Blue Envelope Fund.

Your donations to the Blue Envelope Fund help us support our neighbors in need. Thank you for your generosity!

## **Youth Ministry Updates**

We are grateful to have 2 Youth Ministry coordinators starting this month to help out with Youth Group and other activities in the parish. Be sure to say hi to them when you see them around the parish.



*"My name is Sebastian Kelley, and I am honored to serve as a Youth Ministry Coordinator at Sacred Heart Parish. I am passionate about helping our youth encounter Christ and grow in their faith, & I ask for your prayers for our ministry. "*

*"Hi, my name is Malia Sevigny! I am very excited to work with the youth of the parish, and look forward to getting to know the community in a greater capacity!"*



**Youth Group meets Tuesdays, 5:30-8pm**  
Message Jeff Klein at 509.919.6940 for more

## **Immaculate Heart Retreat Center**

### **Women's Holy Week Retreat**

**March 30, 2026, 4:40pm - April 1, 2026, 1:00pm**  
Father Michael Maher, S.J.

Join us for our annual Women's Holy Week Retreat led by Fr. Michael Maher, SJ.

Individuals: \$278 (Includes lodging and up to 6 meals)



Please Register in advance: at:  
(509) 448-1224 or visit  
[www.ihrc.net](http://www.ihrc.net)

## **The Pastor's Corner**

Dear friends in Christ,

This Sunday marks the third weekend of Lent, and we are reminded how quickly the days pass, especially this weekend when we lose an hour! Lent encourages us to approach each day the Lord gives us with enthusiasm and gratitude, thanking God as we plan our day. This habit helps us end each evening with a grateful heart for all the blessings and wonders we've experienced.

The forty days of Lent are special opportunities for prayer, fasting, and almsgiving. These are transforming and can shape our days with purpose and meaning, promising a good return as evening arrives.

May God guide us to embrace each day with intention and gratitude, making every step a movement toward Easter joy.

With prayers for a fruitful Lent,

Fr. Vic

## **Rest in Peace...**

Please remember in your prayers **Ann Kendall** who recently passed away. Also, please keep her family in your prayers. A Funeral Service will be held here at Sacred Heart on March 14, 2026 at 10am.

May she rest in peace.



## **New to Our Parish?**

We would LOVE to keep in touch!

**To register, please contact our office**

e-mail: [office@shparishspokane.org](mailto:office@shparishspokane.org)

website: [www.shparishspokane.org](http://www.shparishspokane.org)

phone: 509-747-5810

forms: *in the Church vestibule*

*Welcome!*



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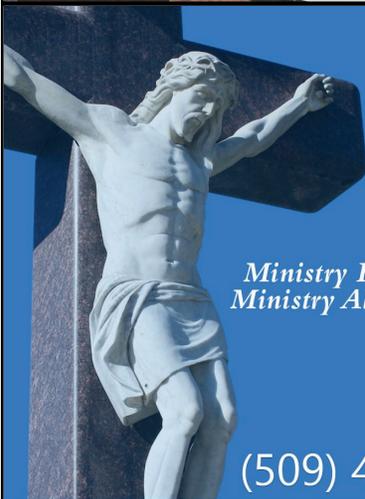
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**Wednesday, March 25 • 9 am - 3 pm**



**Silent Day of Prayer on the  
Annunciation:**

Preparing for the Unknown:  
Mary's Interior Prayer and Peace  
Sr. Mary Eucharista, SMMC



\$47 per person, \$57 with use of room for the day  
[ihrc.net/events](http://ihrc.net/events) or (509) 448-1224



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