

St. John Vianney Catholic Parish

St. Paschal Catholic Parish

Fourteenth Sunday in Ordinary Time July 5, 2026

Welcome!

To make St. John Vianney or St. Paschal your parish home, register with the office or online!

Pastor: Father Raymond Kalema
rkalema@dioceseofspokane.org

Deacon: Don Remer
dremmer@dioceseofspokane.org

Bookkeeper/Business Manager: Sandy Opp
sopp@dioceseofspokane.org

Director of Religious Education/Office Mgr: Shelly Humbert
shumbert@dioceseofspokane.org

Maintenance & Custodial Manager: Paul Schuster
pschuster@dioceseofspokane.org

Office Hours: M-F 9am to noon

Bulletin Notices: bulletin.sjvchurch@gmail.com

Deadline is noon Monday

SJV Parish School 509-926-7987

Principal: Janelle Turcotte

Secretary: Joan Olson

Website: www.st.johnvianney.com

SP Educare 509-922-7616

Director: Mary Jo Paschall

Prayer Chains

SJV: Jayne Seaboldt 509-921-0945

If unavailable: Mary McLeslie 509-926-0460

SP: Rosalie Thompson 509-443-7268

Assistance Program

If you need assistance with food, utilities, or prescriptions, please call the SJV office Tues.—Thurs., 9 a.m. to noon

Catholic Family Service Counseling

Call the Diocesan Office 509-242-2308

SJV & SP Parish & Finance Council Members

SJV Parish Council:

Ric Wesselman (Chair), Greg Takisaki, Angie Nordhus, Ruth Ann Pfeifer, Sue Kappen, Mark Sullivan

SJV Finance Council:

Erik Wakeling (Chair), Barbara Ewers, Nick Durgan, Cathy Suda, Greg Takisaki

SP Parish Council:

Kathy Foreman, Fred Meyer, Joan Dunn, Emily Klein, Lori Sullivan, Tom Lutyens

SP Finance Council:

Bill Trudeau (Chair), Fred Meyer, Carmen Ballard



Mass Times:

SJV: Daily Mass Tuesday - Friday at 8:15 a.m.

Sat. Vigil 4 p.m.

Sun., 10 a.m.

SP: Sun. 8 a.m.

Eucharistic Home Visits

If you are homebound or ill, and want to receive Holy Communion, please call the office.

Eucharistic Exposition for Adoration

SJV: Wed. 9a.m. - 5p.m.

2:30 p.m. — 3:30 pm Every First Saturday is
Holy Hour for Vocations

2:30 p.m. - 3:30 p.m. Every Last Saturday is
Holy Hour for SJV School

SP: Tuesdays 5-6 p.m.

Confessions By appointment, and regularly at:

SJV: Sat. 2:30 p.m.-3:30 p.m.

SP: Tuesdays 5-6 p.m.

Sacraments of Baptism & Holy Matrimony

Parents seeking baptism for their child should fill out a baptism request form on our website 3 months before intended baptism date. Engaged couples should contact the office 6 months before the intended wedding date to begin marriage preparation.

Interested in Becoming Catholic?

Interested in becoming Catholic, or want to ask about our OCIA program? Please call I Mike Heywood, 509-999-8374 or Sue Manfred, 509-230-2695.

PARISH MISSION STATEMENT

The St. John Vianney Catholic Church Family:

- Seeks to grow in our faith,
- to proclaim the gospel of Jesus Christ
- and to serve the people of God.

Office: (509) 926-5428 SJV / SP

Mailing Address: P.O.Box 141125, Spokane Valley, WA 99214

SJV Location: 503 North Walnut Road / SP Location: 2521 North Park Road

Website: www.sjvchurch.org / Email: sjv@dioceseofspokane.org / Facebook: StJohnVianneyCatholic

LECTORS & EXTRAORDINARY MINISTERS

Saturday July 11	SJV		
Lectors	Brad S.	Greg T.	
EMs	Shirley M.	Mary J.	Deacon Don
Sunday July 12	SJV		
Lectors	Nick D.	Kim D.	
EMs	Erik W.	Bonnie H.	Deacon Don
Sunday July 12	SP		
Lector	Charlotte M.		

Stewardship Report - SJV

06/28/26	Collected	Budgeted	YTD Collected	YTD Budget	Difference
Offertory:	\$ 5,254	\$ 7,692	\$ 402,488	\$ 400,000	\$ 2,488
Assistance	\$ 285		\$ 38,755		
Building	\$ 305		\$ 57,224		
School:	\$ 95		\$ 34,397		

Stewardship Report - SP

06/28/26	Collected	Budgeted	YTD Collected	YTD Budget	Difference
Offertory:	\$ 1,333	\$ 1,481	\$ 107,023	\$ 77,000	\$ 30,023
Assistance	\$ 15		\$ 4,431		
Building	\$ 45		\$ 5,726		
Fuel	\$ 5		\$ 1,755		
School:	\$ -		\$ 50		

MASS INTENTIONS

	Offered For	Requested By
Tue	NO MASS	
Wed	NO MASS	
Thu	+ Kathy Reisenauer BD	People of SJV
Fri	+ Vincent Cuong Nguyen	Huong Lam
Sat	+ Steve Schreck AD	
Sun	8 am People of SP	
	10 am People of SJV	

If Mass is ever canceled, please know that the intention will be offered in the next available Mass.

Sept. 18, 6 pm - Sept. 19, 7 pm



24-Hour Retreat for Men & Women:

How to Be a Friend and Build Catholic Friendships

Sr. Mary Eucharista, SMMC

\$100 per person (includes lodging & up to 3 meals)

Ages 21+

(509) 448-1224



Immaculate Heart
Retreat Center

6910 S. Ben Burr Rd., Spokane, WA 99223

ST. PASCHAL POTLUCK PICNIC

Join us at St. Paschal for some food, family and fun! Potluck picnic **July 26** from noon - 3 p.m. Bring your favorite salad, chips or dessert to share. Main dish will be provided by the St. Paschal Knights of Columbus and the St. Paschal Altar Society. **EVERYONE** is welcome!

2nd collection for the Building Fund - THIS WEEK

STRATEGIC PLANNING

We have some Strategic Planning focus groups scheduled. Please attend one of the below listed meetings to provide feedback on the strategic plan for SJV. All meetings will be in the Kathy Reisenauer Parish Hall at SJV and light snacks will be provided. We value your contribution.

DATES:

- July 9 at 7 p.m.
- July 11 at 5:15 p.m.
- July 12 at 6:30 p.m.

Donation Envelopes

Due to some issues with our printers, parishioners **WILL NOT** receive July envelopes. Please use envelopes from a previous month or pick up blank ones in the narthex. August envelopes should arrive on time. We apologize for any inconvenience.

June Assistance

In June, the Assistance Program paid \$4,445 in bills to people in our parish area. This covered people who needed oxygen, lost jobs, faced illness, death in families, hospital and car expenses, past due utilities suicide help and surgery. We gave away 18 bags of food to feed 20 people. Thank you for your continued support.



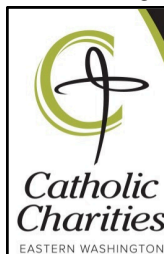
CHURCH RUMMAGE SALE

Plants

There are many ways to support our parish!

1. Help organize donations M-F 9 a.m. to noon. June 29 - July 17.
2. Bake SHELF-STABLE treats or donate plants to sell at the event. Bring to the SJV office July 22 or to the gym July 23.
3. June 29 - July 17 M-F 9 a.m.—noon - Drop off your donations at the SJV School Gym—NO DUMPING **CLOSED JULY 3**
4. July 23-25 Shop for some great deals and support our parish! **BRING CASH - we don't take credit, debit or e-payments.**
5. July 27, 8 a.m. to noon— box up unsold items and tear down shelving. Help is greatly appreciated!

Advertiser of the Week



Our Mission:

FEED THE HUNGRY

HEAL THE HURTING

WELCOME THE STRANGER

Please Donate at **DonateCCEW.org**

Sunday Reflection

“Come to me, all you who labor and are burdened...”

Friends, if there is one line in our readings today that feels like a cool drink of water on a scorching day, it's the one above. Jesus doesn't say, “*Come to me when you've figured things out.*” He doesn't say, “*Come to me when you're strong.*” He says, “*Come to me when you're tired, overwhelmed, or when you feel like you can't carry it anymore.*” And He promises rest, not escape, not avoidance, but rest that strengthens the soul. In all honesty today most people are carrying something heavy. Some carry grief, some carry fear, some carry responsibilities no one sees. Some carry wounds they never speak about while others carry the pressure to be perfect.

Before Jesus gives this invitation, He begins with a prayer of praise: “*Father, you have hidden these things from the wise and learned and revealed them to little ones.*” Jesus starts here because only the humble can hear the invitation. Only the childlike can recognize their need. Only those who stop pretending to have everything figured out can receive the rest He offers. The “wise and learned” Jesus refers to are not people with education, they are people who rely only on themselves, who believe they don't need help, who think they can carry life alone. Children, on the other hand, know when they need help. They reach out, they trust, and they lean on others. Jesus is saying that the invitation to rest is heard most clearly by those humble enough to admit they are tired.

And notice something important: Jesus never says, “*Come to me and I will take all your problems away.*” Instead, He says, “*Take my yoke upon you.*” A yoke is a tool for work. Jesus isn't offering a hammock, He's offering partnership. He doesn't erase the burden; He steps underneath it with us. His presence doesn't eliminate the struggle; but His presence transforms it. Imagine you're outside pulling weeds in your front yard. It's hot, the weeds are stubborn, your back aches, your hands hurt, and the whole thing feels endless. You bend, pull, toss, repeat, and you think, “I'm never going to finish this.” But then a friend shows up. They kneel beside you. They start pulling weeds, too.

Suddenly the work feels different. You talk, you laugh, you share the load. And before you know it, the yard is clean and your heart is lighter. The weeds didn't magically disappear. The work didn't change. But the burden became lighter because someone was beside you. That is exactly what Jesus means when He says, “*My yoke is easy and my burden light.*” Not because life becomes easier, but because He is beside us.

But here's the key: we have to be humble enough to let Him help. Many of us try to pull the weeds of life alone. We think, “I should be able to handle this,” or “I don't want to bother anyone,” or “I can carry this myself.” But Jesus says, “Let me kneel beside you. Let me pull the weeds with you. Let me share the load.” It takes humility to say, “Lord, I can't do this alone.” It takes childlike trust to say, “Jesus, I need You.” And that humility opens the door to true rest offered by Jesus.

There is one more movement in this Gospel we cannot miss. Jesus says, “*Come to me.*” But very often, He offers that rest **through us**. We become His hands, we become His voice. We become His presence kneeling beside someone else's weeds. So today, we must ask ourselves: Who around me is laboring and burdened? Who is exhausted? Who is carrying something heavy? Who needs Jesus to kneel beside them through me? Maybe it's someone in your home, at your place of work, or maybe it's someone who feels forgotten, someone who hides their pain behind a smile. Maybe it's someone who simply needs you to sit with them, and listen to them.

Jesus wants to carry their burden and He may be asking you to help Him do it. So today, Jesus offers us two invitations. First: come to Him with your burdens. Let Him share the load. Let Him give you rest. Second: be His presence for someone else, help carry their burden and make their yoke lighter.

SCHOOL NEWS



School office hours will be limited during the summer. We do check our voicemail regularly and can be reached by email. Families interested in registering for the 2026-2027 school year may visit the school website or leave a message at 509-926-7987.

SEMINARIAN FORMATION APPEAL

Please offer a gift to support our seminarians.

- 19 seminarians in formation
 - 7-9 years in formation
 - \$400,000 average cost per seminarian
- Donate online at dioceseofspokane.org/sfa

July is dedicated to the Precious Blood of Jesus

The blood of Christ, poured out in abundance, has washed the whole world clean. We remember and give thanks for the sacrifice of Jesus shedding His blood on the cross so we may have eternal life.



**NO DAILY MASS, ADORATION
OR CONFESSION JULY 7 & 8**



BUSY BEE JUMPERS
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Are You Prepared? End of Life Workshop

Planning for Your Spiritual & Corporal Needs

Saturday, July 25 • 9:00 a.m. – 11:30 a.m.

Mass at 8:30 (optional)

St. Thomas More Parish

505 W. St. Thomas More Way, Spokane, WA 99208

NO CHARGE

Join us for this informative workshop and learn
how to preplan for the end of life.

Light refreshments provided.

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Please RSVP to (509)467-5496 or bernadettep@holycrossofspokane.org



Grill & Chill

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1221 N. Pines

Judy Bergland
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Our Mission:

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HEAL THE HURTING

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