



July 5th, 2026

Watch over me, Father, so  
that everything I do may  
be with the intention of  
pleasing Jesus.  
~ St. Bernadette

# SAINT BERNADETTE PARISH

14TH SUNDAY IN ORDINARY TIME ~ THE SIXTH SUNDAY AFTER PENTECOST

Seven is the number of divine rest; it was also to be that of the fruitful rest of the sons of God, of perfect souls, in that peace which makes love secure, and is the source of the invincible power of the bride, as mentioned in Canticles 8:10. It is for this reason that the Man-God, when proclaiming on the mount the beatitudes of the law of love, attributed the seventh to the peacemakers, or peaceable, as deserving to be called, most truly, the sons of God. It is in them alone that is fully developed the germ of divine sonship, which is put into the soul at Baptism...

“Rightly, then,” says St. Ambrose, “the seventh beatitude is that of the peaceful; to them belong the seven baskets of the crumbs that were over and above. This bread of the Sabbath, this sanctified bread, this bread of rest, is something great; and I even venture to say, that if, after thou hast eaten of the five loaves, thou shalt have eaten also of the seven, thou hast no bread on earth that thou canst look forward to.”

But take notice of the condition specified in our Gospel, as necessary for those who aspire to such nourishment as that. “It is not,” says the Saint, “to lazy people, nor to them that live in cities, nor to them that are great in worldly honors, but to them that seek Christ in the desert, that is given the heavenly nourishment: they alone who hunger after it are received by Christ into a participation of the Word and of God’s kingdom.” The more intense their hunger, the more they long for their divine object and for no other, the more will the heavenly food strengthen them with light and love, the more will it satiate them with delight.

*Commentary from The Liturgical Year by Dom Prosper Guéranger  
(1805-1875).*



## A Yoke for the childlike : Reflection on the 14th Sunday in Ordinary Time

Jesus is portrayed in today's Gospel as a new and greater Moses.

Moses, the meekest man on earth (see Numbers 12:3), was God's friend (see Exodus 34:12, 17). Only he knew God "face to face" (see Deuteronomy 34:10). And Moses gave Israel the yoke of the Law, through which God first revealed Himself and how we are to live (see Jeremiah 2:20; 5:5).

Jesus, too, is meek and humble. But He is more than God's friend. He is the Son who alone knows the Father. He is more also than a law-giver, presenting Himself today as the yoke of a new Law and as the revealed Wisdom of God.

As Wisdom, Jesus was present before creation as the firstborn of God, the Father and Lord of heaven and earth (see Proverbs 8:22; Wisdom 9:9). And He gives knowledge of the holy things of the kingdom of God (see Wisdom 10:10).

In the gracious will of the Father, Jesus reveals these things only to the "childlike"—those who humble themselves before Him as little children (see Sirach 2:17). These alone can recognize and receive Jesus as the just savior and meek king promised to daughter Zion, Israel, in today's First Reading.

We, too, are called to childlike faith in the Father's goodness as sons and daughters of the new kingdom, the Church.

We are to live by the Spirit we received in Baptism (see Galatians 5:16), putting to death our old ways of thinking and acting, as Paul exhorts in today's Epistle. Our "yoke" is to be His new law of love (see John 13:34), by which we enter into the "rest" of His kingdom.

As we sing in today's Psalm, we joyously await the day when we will praise His name forever in the kingdom that lasts for all ages. This is the sabbath rest promised by Jesus—the rest first anticipated by Moses (see Exodus 20:8-11), but which still awaits the people of God (see Hebrews 4:9).

*Scott Hahn*



The parish staff knows of the following who are ill, in retired living accommodations, etc. **If you are aware of others, please let Father or the parish office know:** Bella Mally, Jim Moore, Jane Soars, Susan Fisher, Gerri Allen, Kathy McCarthy, Ken Keyes, and the residents of Franklin Hills Care Center and Cherrywood Place.

Prayers for the infirm and homebound are a work of mercy.

WEEKEND SCHEDULE

Saturday

3pm – Confessions

4pm – English Vigil Mass

Sunday

7:30am – Latin Mass

9:00am – English Mass

11:00am – Latin Mass

ADDITIONAL INFORMATION

Please contact the parish office by email to arrange a baptism, marriage, or funeral, or to request a certificate.

To request the offering of the Holy Mass for your intention, please email the office or leave your intention in the Sunday collection basket.

St. Bernadette can be found online at

[sfxspokane.org](http://sfxspokane.org) or at

[facebook.com/sfxspokane](https://www.facebook.com/sfxspokane)

Our Mailing Address is:

P.O. Box 7179, Spokane, WA, 99207

DIRECTORY

Office Telephone: (509) 487-6363

Sacramental Emergencies: (509) 866-6098

Father Semple: [pastor@sfxspokane.org](mailto:pastor@sfxspokane.org)

Office Email: [office@sfxspokane.org](mailto:office@sfxspokane.org)

Office Hours.

WEEKDAYS

9AM-12PM

THIS WEEK AT ST. BERNADETTE

MONDAY, JULY 6TH

5:30pm Mass *Ed Ives (Rest of his soul)*

TUESDAY, JULY 7TH

8:00am Mass *Steven Ives*

WEDNESDAY, JULY 8TH

4:30pm Confessions

5:30pm Mass *Mark McKay (Conversion)*

THURSDAY, JULY 9TH

8:00am Mass *Jerry Smith (Rest of his Soul)*

SATURDAY, JULY 11TH

3:00pm Confessions

4:00pm Vigil Mass

SUNDAY, JULY 12TH

7:30 am Latin Mass

9:00am English Mass

11:00 am Latin Mass



## Seven Sisters

### Apostolate

The parish is looking for volunteers who would be interested in participating in the “Seven Sisters Apostolate.” This Apostolate seeks to strengthen the Church by ensuring that a Holy Hour is prayed every day for the intention of the parish priest.

The Apostolate is for women, and involves a commitment of praying in the church one day a week.

If you are interested, please contact  
Patty Parra at (509) 362-8646

## Women of St Bernadette

In an effort to cultivate more community at St Bernadette, the women of the parish have formed the group: the “Women of St Bernadette”.

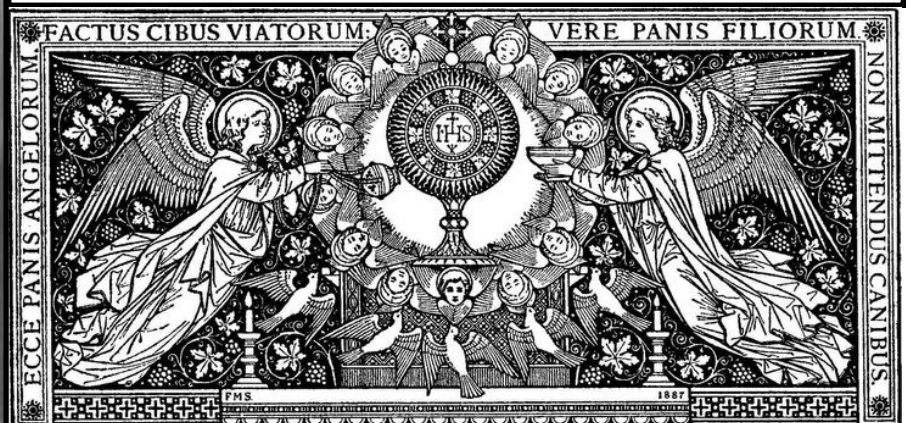
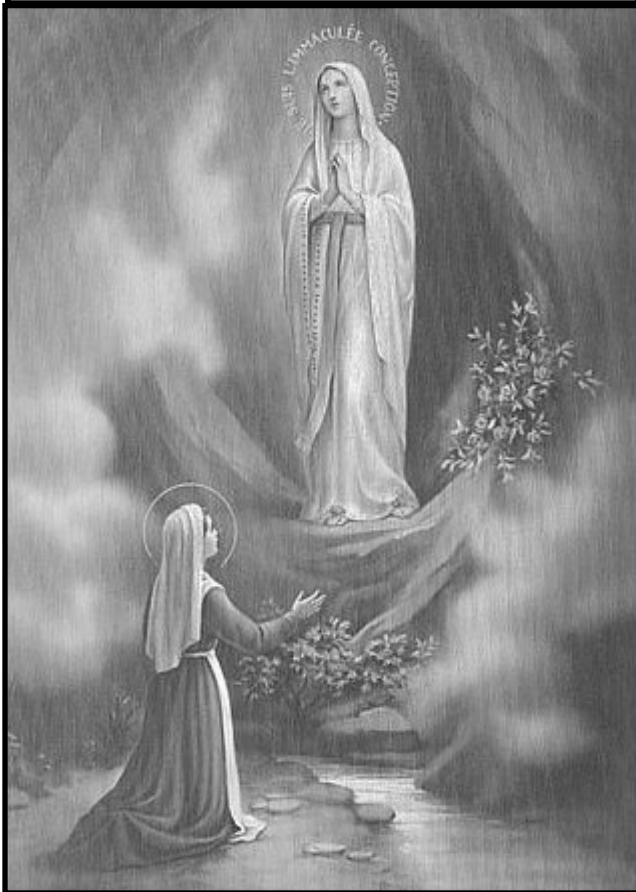
All women - retired, widowed, single and married - are invited to join.

### Activities and volunteer possibilities include:

- Contributing to food prep for after mass socials during the warm months
  - Organizing parish picnics + potlucks
- Organizing + providing food for catechesis nights for children and adults
  - Formation of Bible studies + small groups
  - Corporal works of mercy for the sick and elderly
  - Other misc. needs of the parish

If you are interested in taking an active role in creating a vibrant parish community, please email [st.bernadette.women@gmail.com](mailto:st.bernadette.women@gmail.com)

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## Blessed Ralph Milner and Roger Dickenson, Martyrs July 7th

Blessed Ralph Milner and Roger Dickenson lived at a time in the history of England when Catholics of that country risked imprisonment and death to practice and spread their faith. Ralph Milner was an elderly and illiterate farmer from the district of Flacsted in Hampshire brought up as a Protestant. Influenced by the good lives led by his Catholic neighbors, he took instructions in the faith and was received into the Church.

On the very day his First Communion, this devout convers was seized and imprisoned. Though he remained in prison for a number of years, he was often granted parole. At such times he would obtain alms and spiritual succor for his fellow prisoners, and by utilizing his overall knowledge of the country he would help missionary priests move about and work more easily. It was in this way that he met and aided a secular priest named Roger Dickenson.

Rodger Dickenson was a native of Lincoln and a priest of the College of Rheims who was sent on mission in 1583. He had already been arrested once but been able to escape when his guards got drunk. The second time he was arrested with Ralph Milner and both were put on trial for the faith. The judge took especial pity on Milner who was getting old and had eight children. Seeking any pretext to set him free, he urged the saintly farmer to make a visit to the nearby parish church as a matter of form and he would be freed since this would be tantamount to reconciliation with the Church of England.

However, the blessed Martyr, aided by God's grace, stood firm and refused to make the least deceitful gesture, preferring to share the fate of his friend Father Dickenson. Accordingly, both of these servants of God were executed at Winchester on July 7, 1591. They were beatified in 1929 by Pope Pius XI.

**PRAYER:** God, You surround and protect us by the glorious confession of Your holy Martyrs, Blessed Ralph and Roger. Help us to profit from their example and be supported by their prayer. **Amen.**

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**Friday, July 31 • 5 pm - 9 pm**



**IHRC Benefit Concert & BBQ Dinner**  
**The Kelly Hughes Band**  
**Christian Concert**

(Ages 21+ only) **Tickets: \$75**



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**Are You Prepared?**  
**End of Life Workshop**  
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**Saturday, July 25 • 9:00 a.m. – 11:30 a.m.**  
Mass at 8:30 (optional)  
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